

BRIEF PSYCHIATRIC RATING SCALE (BPRS)

DIRECTIONS FOR USE:

There are 18 items to be rated. Items 3, 4, 6, 7, 13, 14, 17 and 18 should be rated on the basis of observations made during the interview (i.e., noted during the observation interview). The remainder of the items (1, 2, 5, 8, 9, 10, 11, 12 and 15) should be rated on the basis of reported (i.e., verbal report by the patient) information pertaining to the past week.

A recommendation is made to examine the individual items in the following three groupings:

- A. Total score of all 18 items.
- B. Clustering of items 3. —Emotional Withdrawal, 13. —Motor Retardation, 16. —Blunted Affect, and 18. —Disorientation to form the BPRS "Anergia" factor of negative symptoms.
- C. Clustering of items 4. —Conceptual Disorganization, 11. —Suspiciousness, 12. —Hallucinatory Behavior, and 15. —Unusual Thought Content to form a "positive" BPRS factor.

Enter in the boxes at the right the numbers corresponding to the ratings which best describes the patient's condition.

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SANDOZPHARMACEUTICALS
Corporation, E. Hanover, NJ 07936

Makers of

CLOZARIL

(clozapine)

BRIEF PSYCHIATRIC RATING SCALE (BPRS)

RATING:		0 = Not Assessed	4 = Moderate	
		1 = Not Present	5 = Moderately Severe	
		2 = Very Mild	6 = Severe	
		3 = Mild	7 = Extremely Severe	
1	Somatic Concern	Degree of concern over present bodily health. Rate the degree to which physical health is perceived as a problem by the patient, whether complaints have a realistic basis or not.		<input type="checkbox"/>
2	Anxiety	Worry, fear, or over-concern for present or future. Rate solely on the basis of verbal report of patient's own subjective experiences. Do not infer anxiety from physical signs or from neurotic defense mechanisms.		<input type="checkbox"/>
3	Emotional Withdrawal	Deficiency in relating to the interviewer and to the interview situation. Rate only the degree to which the patient gives the impression of failing to be in emotional contact with other people in the interview situation.		<input type="checkbox"/>
4	Conceptual Disorganization	Degree to which the thought processes are confused, disconnected or disorganized. Rate on the basis of integration of the verbal products of the patient; do not rate on the basis of patient's subjective impression of his own level of functioning.		<input type="checkbox"/>
5	Guilt Feelings	Over-concern or remorse for past behavior. Rate on the basis of the patient's subjective experiences of guilt as evidenced by verbal report with appropriate affect; do not infer guilt feelings from depression, anxiety or neurotic defenses.		<input type="checkbox"/>
6	Tension	Physical and motor manifestations of tension, "nervousness," and heightened activation level. Tension should be rated solely on the basis of physical signs and motor behavior and not on the basis of subjective experiences of tension reported by the patient.		<input type="checkbox"/>
7	Mannerisms and Posturing	Unusual and unnatural motor behavior, the type of motor behavior which causes certain mental patients to stand out in a crowd of normal people. Rate only abnormality of movements; do not rate simple heightened motor activity here.		<input type="checkbox"/>
8	Grandiosity	Exaggerated self-opinion, conviction of unusual ability or powers. Rate only on the basis of patient's statements about himself or self-in-relation-to-others, not on the basis of his demeanor in the interview situation.		<input type="checkbox"/>
9	Depressive Mood	Despondency in mood, sadness. Rate only degree of despondency; do not rate on the basis of inferences concerning depression based upon general retardation and somatic complaints.		<input type="checkbox"/>

*Overall, J.E. and Gornam, D.R.: The Brief Psychiatric Rating Scale (BPRS). *Psycho. Rep.* 10: 799, 1962

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10	Hostility	Animosity, contempt, belligerence, disdain for other people outside the interview situation. Rate solely on the basis of the verbal report of feelings and actions of the patient toward others; do not infer hostility from neurotic defenses, anxiety or somatic complaints. (Rate attitude toward interviewer under "Uncooperativeness.")		<input type="checkbox"/>
11	Suspiciousness	Belief (delusional or otherwise) that others have now, or have had in the past, malicious or discriminatory intent toward the patient. On the basis of verbal report, rate only those suspicions which are currently held whether they concern past or present circumstances.		<input type="checkbox"/>
12	Hallucinatory Behavior	Perceptions without normal external stimulus correspondence. Rate only those experiences which are reported to have occurred within the last week and which are described as distinctly different from the thought and imagery processes of normal people.		<input type="checkbox"/>
13	Motor Retardation	Reduction in energy level evidenced in slowed movements. Rate on the basis of observed behavior of the patient only; do not rate on basis of patient's subjective impression of own energy level.		<input type="checkbox"/>
14	Uncooperativeness	Evidence of resistance, unfriendliness, resentment, and lack of readiness to cooperate with the interviewer. Rate only on the basis of the patient's attitude and responses to the interviewer and the interview situation; do not rate on basis of reported resentment or uncooperativeness outside the interview situation.		<input type="checkbox"/>
15	Unusual Thought Content	Unusual, odd, strange, or bizarre thought content. Rate here the degree of unusualness, not the degree of disorganization of thought processes.		<input type="checkbox"/>
16	Blunted Affect	Reduced emotional tone, apparent lack of normal feeling or involvement.		<input type="checkbox"/>
17	Excitement	Heightened emotional tone, agitation, increased reactivity.		<input type="checkbox"/>
18	Disorientation	Confusion or lack of proper association for person, place or time.		<input type="checkbox"/>

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